

1. The Participant shall provide his/her introduction and shall send his/ her inspirational story on the person who inspires him/her to be better and why and write to bebetter@procam.in and share it using #BeBetter and #TMM2019 on social media.
2. The Contest is open to residents of India aged 18 years or above except employees of Procam International (Promoter) and their close relatives and anyone otherwise connected with either Procam International.
3. There is no entry fee and purchase necessary to enter this Contest.
4. By entering this Contest, the participant is indicating his/her agreement to be bound by these terms and conditions.
5. Only one entry will be accepted per person. Multiple entries from the same person will be disqualified.
6. The last date for submitting contest entries shall be January 16, 2019 by 6pm. After this date, no entries shall be permitted.
7. The Promoter shall not be responsible to accept entries not received for whatever reason.
8. The Promoter reserves the right to cancel or amend the Contest and these terms and conditions without notice in the event of a catastrophe, war, civil or military disturbance, act of God or any actual or anticipated breach of any applicable law or regulation or any other event outside of the Promoter's control or for any other reason. Any changes to the Contest will be notified to entrants as soon as possible by the Promoter.
9. One meaningful story shall be featured in Times of India. The gratification is as stated and no cash or other alternatives will be offered. The gratifications are not transferable. Gratifications are subject to availability and the Promoter reserves the right to substitute any gratification with another of equivalent value without giving notice.
10. Winners shall be chosen by an independent adjudicator or panel of judges appointed by the Promoter.
11. The Winner may have to share their photographs with the Promoter. The Promoter may have a photo-shoot with the winner for which the winner has to be available at the time and place intimated by the Promoter, failing which, the Promoter shall pick a replacement winner.
12. The winner shall be notified by email on January 17 or January 18, 2018 via Email. If the winner cannot be contacted within 24 hours of notification, the Promoter reserves the right to withdraw the gratification from the winner and pick a replacement winner.
13. The Promoter shall notify the winner when and where the gratification can be collected / is delivered.

14. The Promoter's decision in respect of all matters to do with the Contest will be final.
15. The Contest and the terms and conditions shall be governed by the Indian laws and any disputes will be subject to the exclusive jurisdiction of the courts of Mumbai.
16. The winner agrees to the use of his/her name and image in any publicity material, as well as their entry for any promotional/marketing purposes. Any personal data relating to the winner or any other entrants will be used solely in accordance with data protection legislation and will not be disclosed to a third party.
17. You are providing your information to Procam International Private Limited and not to any other party. The information provided will be used in conjunction with the following Privacy Policy found at <http://www.procamrunning.in/privacy-policy>